



Internet Links

Capital City Garden Project/ PAR
<http://marion.ces.purdue.edu/ccgp/par>

The Garden Writers Association of America
<http://www.gwaa.org>

Join our email list at:
<http://groups.yahoo.com/group/IndianaPAR>



What are you going to do with that extra cabbage?

All those green beans?

Those bushels of tomatoes from the fifty plants you just *had* to grow this season?

Hmmmm?

We've got places and people that need them!



The Capital City Garden Project
Wants a Ton of
Your Produce in 2001
(not for ourselves, of course!)



2001 lbs. in 2001!



Plant a Row for the Hungry
Capital City Garden Project
9245 N. Meridian Street
Suite 118
Indianapolis, Indiana 46260
317/848-7351, ext. 125





Hey, Get Growing!

Just one row in your community (or personal!) garden can

Cole crops are always a bonus with spring and fall plantings.

help produce food for hungry people in the Indianapolis area and surrounding counties.

The nationwide PAR Program was begun in 1995 by the Garden Writers Association of America to encourage gardeners to grow extra food and donate the produce to soup kitchens and food pantries. Home & Garden TV joined the project in 1999 as a national

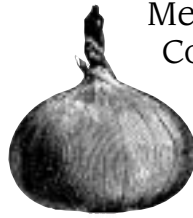
media sponsor.

The goal: to grow a million pounds of fresh fruit, vegetables, and herbs by the year 2000.

The Capital City Garden Project joined the PAR program in 1999 with space at three gardens: the



Vegetables aren't the only thing to donate. Fresh herbs and flowers are also welcome!



Merrill Street PAR Community Garden, Pot O'Gold and the Gleaners gardens. In the past two years

our gardens and gardeners have produced tomatoes, greens, peppers, cucumbers, zucchini, green beans, onions, sweet potatoes and melons. Hundreds of pounds of produce was donated to food

pantries in Marion County.



Planting a PAR row or two with youth encourages volunteerism and sharing.

In 2001, we want other Hoosier gardeners to join us in donating even more fruits, vegetables and herbs to help feed the hungry in our community.



Becoming a PAR gardener is easy. Designate an extra row or two of vegetables and/or fruit in your community — or personal — garden to be donated. Once your produce is ready, deliver it to the food pantry of your choice (we have a list!), have it weighed and keep a record of it so as a county we can turn in our total food donations, by the pound, to PAR at the



If you give your extra produce to the needy in your neighborhood, keep track. That counts toward our goal, too!

end of the season.

Planting a PAR row or garden is a great way to introduce kids to the joy of sharing and helping others. And it's a great way for those of us who *just love to grow things* to put our excess produce to good use.

For more info and assorted PAR supplies like row markers, donation forms, brochures, etc., contact Ginny Roberts at ginny.roberts@marion.ces.purdue.edu.

Please add a row or two and join with us to make our PAR "2001 lbs. in 2001" goal a reality.



PAR pup, Nunzi, poses with a donation from the Pot O'Gold community garden.